



Flames and smoke rise from a warehouse complex after a fire broke out at Richland Compound in Bhiwandi, Thane district



J&K Chief Minister Omar Abdullah inquires about those injured in recent attacks from Pakistan, at a district hospital in Poonch, J&K



Uttarakhand CM Pushkar Singh Dhami inspects the under-construction Maa Purnagiri Temple at Nagla Tarai in Khatima. The temple is being built at a cost of Rs 2.54 crore



Devotees pray after taking a holy dip in the Ganga river on the occasion of Buddha Purnima, in Patna

# All our military bases, systems remain fully operational: IAF

**PTI, NEW DELHI:** The Indian Air Force on Monday said all its military bases and systems continue to remain fully operational, and ready to undertake any further missions if the need arises.

Director General of Air Operations Air Marshal AK Bharti said the Indian military's fight was with terrorists and their support infrastructure, but it was a "pity" that the Pakistani military chose to bat for the terrorists.

"We have also iterated that our fight was with terrorists and their support infrastructure," he said.

"However, it is a pity that the Pakistani military chose to intervene and bat for the terrorists, which compelled us to respond in kind."

Air Marshal Bharti, Director General of Military Operations Lt Gen Rajiv Ghai and Director General of Naval Operations Vice Admiral A N Pramod were addressing a media briefing on 'Operation Sindoor'.



Security personnel keep vigil, in Srinagar

He said India's robust air defence system effectively foiled Pakistan's attempts to attack Indian military installations.

On Pakistan military's claim of success in hitting Indian installations, Air Marshal Bharti said, "I would like to emphatically state that, in spite of some minor damage incurred, all our military bases and systems continue to remain fully operational, and ready to undertake any further

missions, should the need so arise."

India launched 'Operation Sindoor' early May 7 to destroy seven terror infrastructures in Pakistan and Pakistan-Occupied-Kashmir (PoK) in a strong retaliation to the April 22 Pahalgam terror attack in which 26 people, mostly tourists, were killed.

All subsequent retaliations to Pakistani offensives were carried out under 'Operation Sindoor'.

**AAI SAYS 32 AIRPORTS TO RESUME OPERATIONS WITH IMMEDIATE EFFECT**  
**PTI, MUMBAI:** Airports Authority of India (AAI) on Monday announced that civilian flight operations will resume at 32 airports that were temporarily shut last week in view of the military standoff between India and Pakistan. Security measures were enhanced, and at least 32 airports in northern and western parts of the country were temporarily shut in view of the conflict. On Saturday, India and Pakistan reached an understanding to stop all firings and military actions on land, air and sea with immediate effect. In a statement on Monday, state-owned AAI said the 32 airports that were closed for civilian aircraft operations till 0529 hours of May 15 are now available for operations with immediate effect. Civilian flight operations from the 32 airports across northern and western India, including Srinagar and Amritsar, were suspended from May 9 to May 15.

India and Pakistan on Saturday announced reaching an understanding to stop all firings and military actions on land, air and sea, with effect from 5 pm that day.

The Director General of Air Operations said India's robust air defence (AD) system comprises a large variety of AD sensors, and

weapon systems' from point defence weapons like the LLAD guns, shoulder-fired MANPADS and short-range SAMS (Surface-to-Air Missile Systems) and longer range SAMs held in our inventory.

"Additionally, the numerous waves of drones and UCAVs (Unmanned Combat Aerial Vehicles) employed

## Congress demands answers from govt on Pahalgam terror attack

**PTI, NEW DELHI:** The Congress on Monday demanded answers from the government on whether the perpetrators of the Pahalgam terror attack have been arrested or killed and who was responsible for the security lapses that led to the incident, in which 26 people lost their lives.

Addressing a press conference at the AICC headquarters here, Congress general secretary Bhupesh Baghel asked whether there has been a change in the country's foreign policy to allow third-party intervention in matters between India and Pakistan.

He accused the ruling Bharatiya Janata Party (BJP) of politicising the April 22 Pahalgam attack on social media and asked if US President Donald Trump announcing cessation of firing between India and Pakistan was a diplomatic failure.

The Congress leader also raised questions on the government's leadership and accused it of playing with the emotions of people.

Baghel asked why a special session of Parliament or an all-party meeting chaired by the prime minister is not being convened.

He said Congress president Mallikarjun Kharge would not attend all-party meetings anymore if Prime Minister Narendra Modi did not attend those.

Baghel said in 1971, then prime minister Indira Gandhi showed the world that India will not bow down before anyone.

He said the armed forces

**SCHOOLS, COLLEGE TO REOPEN IN J&K**  
**PTI, SRINAGAR:** All schools and colleges in the non-border districts of Jammu and Kashmir will reopen on Tuesday after remaining closed for nearly a week. "All schools and colleges to reopen from tomorrow in non-border districts of Jammu as well as Kashmir," Education Minister Sakina Ittoo said in a post on X. The schools, colleges and universities in the Union Territory were temporarily shut last week in view of the military standoff between India and Pakistan. The University of Kashmir has postponed all examinations till May 14.

are deployed on the border with the same spirit today.

The former Chhattisgarh chief minister said whenever there was any crisis, the Congress stood with the country, keeping politics aside and putting national interest above everything else.

"In 1971, Indiraji reject-

ed pressure from America and defeated Pakistan. Even today, we have the same pledge, as one needs nationalism and not politics in the fight against terrorism. I want to ask the government if we have changed our policy under pressure from America," he said.

## SOLEMN TRIBUTE



BSF personnel carry the mortal remains of BSF constable Deepak Chingakhm, who was martyred in the line of duty, in Jammu

## Punjab police warns of malware attack by Pakistan based hackers

**PTI, CHANDIGARH:** Amid tensions between India and Pakistan, the Punjab Police on Monday advised people to remain alert of a malware allegedly being spread by Pakistan-based hackers, saying it could be used to steal personal and banking information.

The police advised people against clicking on unknown links or messages.

"A dangerous malware named 'Dance of the Hillary' is being spread by Pakistan-based hackers, targeting Indian users via WhatsApp, Facebook and email," the Punjab Police said in a post on X.

A malware is a malicious

software specifically designed to disrupt, damage or gain access to a computer system.

The "Dance of Hillary" malware can steal banking information, passwords and personal data and may even allow remote control of devices, the police said. "Do not click unknown links or messages from strangers. Stay alert, stay secure." The police also advised against downloading files shared by unknown users.

India and Pakistan reached an understanding on Saturday to halt military actions after four days of intense cross-border drone and missile strikes.

## Weapons, detonators seized after encounter with Naxalites on Maharashtra-Chhattisgarh border

**PTI, GADCHIROLI:** Police on Monday recovered two weapons, several live rounds, detonators and other material belonging to Maoists after an exchange of fire with them in Gadchiroli district of Maharashtra near the Chhattisgarh border, officials said.

The exchange took place at three locations and lasted two hours, a release by the Gadchiroli Superintendent of Police (SP) office said.

The police received intelligence inputs on Sunday afternoon that the Bhramragad Dalam of Maoists set up a camp on the Maharashtra-Chhattis-

garh border near a newly-opened foot overbridge at Kawande in Gadchiroli, it said.

Based on these inputs, an operation comprising approximately 200 commandos of C-60, a specialised police unit tasked with combating Naxal violence, led by Additional SP M Rames was launched on Sunday evening, the release added.

On Monday morning, when the police unit was carrying out the operation, the Maoists started firing at them indiscriminately, leading to a strong retaliation by the C-60 unit. The intermittent exchange of fire with Mao-

ists took place at three locations over a period of two hours.

After the gunfight stopped, the police recovered two weapons -- one automatic INSAS rifle and one single-shot rifle -- one magazine, several live rounds, detonators, one radio, 3 'pitthus' (sacks used by Maoists), a large amount of Naxal literature and belongings, the statement said.

The C-60 commandos completely destroyed the camp set up by Maoists.

Chances of some Maoists getting injured/killed and being dragged away by others cannot be ruled out, the statement said.

## Steroids, protein powders behind alarming rise in hip damage among urban youth, warn experts

**PTI, NEW DELHI:** Group of orthopaedic experts have raised a serious public health concern, stating the misuse of steroids and unregulated protein powders is severely damaging the hips of young gym-going individuals in their 20s.

This warning came during the 'Delhi Hip 360' conference held in the national capital, where orthopaedic specialists highlighted the alarming rise in cases of Avascular Necrosis (AVN) and early hip degeneration in youth, conditions traditionally seen in older adults.

Dr L. Tomar, the organ-

ising chairman of the conference, said, "We are observing a significant surge in hip-related complaints among young patients in recent years. Every week in my OPD, I see two to three patients under the age of 30, many in their early 20s, complaining of persistent hip pain." "Investigations often reveal Avascular Necrosis (AVN), a condition where blood supply to the hip bone is compromised, leading to bone death. In over 70% of these cases, there is a history of anabolic steroid use or excessive consumption of unverified

protein powders," said Dr Tomar, who is the unit head of orthopaedics and joint replacement at Max Hospital, Delhi.

Recent studies have indicated a rise in hip issues among youth and how alcohol and steroid use were key contributors to AVN among young adults, he said.

More recently, the Maharashtra FDA launched statewide checks on protein powders after several brands were found to be spiked with performance-enhancing steroids, many of which are freely available online or at gyms without proper

labelling or approvals.

Youth, especially those chasing rapid physical transformation, are unknowingly damaging their bone health, particularly the femoral head of the hip joint, which is uniquely sensitive to blood flow changes, Dr Tomar pointed out.

There is a thriving underground online market for performance-enhancing drugs and muscle-building supplements in India.

Dr Rajiv Jain, senior orthopaedic surgeon, said that steroids, especially when misused or consumed unsupervised, di-

rectly impact the blood supply to the bones.

"It (AVN) begins with pain, stiffness, and limping and in many cases, leads to complete collapse of the hip joint. Hip replacements are required for patients whose condition can be treated using medications," Dr Jain stated.

The condition, AVN, is not only painful but also often irreversible if not diagnosed early. In extreme cases, the only treatment is total hip replacement, a complex procedure typically meant for older patients.

### CHANGE IN NAME

I REMY DE SOUZA R/O. Hno-103, Bhattir Wadda Morjim Pernem Goa, would like to change my name from REMY DSOUZA TO REMY DE SOUZA, Hereafter all my documents and dealing will be known by the name REMY DE SOUZA.

### CHANGE IN NAME

I IDALINA AVELINO DIAS E RODRIGUES r/o H NO 3/130, MUDDA VADDO, SALIGAO, BARZEE, GOA. like to change my name from IDALIN AVELIN DIAS TO IDALINA AVELINO DIAS E RODRIGUES. Hereafter in all my dealing and documents I will be known by the name IDALINA AVELINO DIAS E RODRIGUES.

### PUBLIC NOTICE

This notice is hereby given to the general public that my clients intend to purchase from Mr. Lawrence Xavier Fonseca alias Lawrence Xavier Fonseca and his wife Mrs. Clara Lawrence Fonseca, both residing at Flat No. 7, 1 Floor, Godavari Complex 1, Ghorpuri Gaon, in front of Jama Masjid, Pune, Maharashtra 411001 the property described in the SCHEDULE herein below mentioned.

Any person, individuals, banks, financial institution, co-operative banks, companies, partnership firm, any other legal entity etc having any claim, right, title or interest in or to the said properties or having any objection to the proposed sale is requested to make the said objection/claim known to the undersigned at the address given below in writing with the necessary documents in support thereof within 15 days from the date of publication of this notice. If no objection/claim is received within the stipulated period of 15 days from the date of publication of this notice, then it shall be presumed that no right, title, interest, claim whatsoever exists and that if it exists then the same shall be deemed to have been waived for all legal effects and purposes and the same shall not be entertained thereafter and my clients would be free to purchase the said property from the said owners.

### SCHEDULE

ALL THAT independent plot of land namely Plot B admeasuring 585 Sq. Meters, surveyed under S.No. 54015-B of Village Twim, Taluka of Bardez, District North Goa, State of Goa which earlier formed part of the larger property denominated as "ASSUNDI" situated within the Jurisdiction of Village Panchayat of Twim, Taluka of Bardez, District of North Goa, and registered in the Land Registration Office of Bardez under No. 18078 at folio 188 reverse of Book B 46 New and the said Plot B is bounded towards EAST: By the property of the Chapel of Our Lady of Rosary, Madel-Twim; WEST: By Plot A of the same property, NORTH By Plot C of the same property and SOUTH By Public Road.

Sd/- Adv. Edwin Cruz

Office: B-102, 1-Floor, Pereira Plaza, Opposite Old Hospicio Hospital, Margao, Salcete, Goa Mob: 9850466334 Email: advedwincruz2078@gmail.com

### PUBLIC NOTICE

Notice is hereby given to the Public in General that my clients are desirous of purchasing free from encumbrances and subject to marketability of title from: (1) **MRS. PALLAVI KIRIT SHETH** alias **PALLAVI KIRITKUMAR SHETH**, daughter of Mr. Natwarlal Mehta, wife of Mr. Kirit Hanikondasa Sheth, 71 years of age, married, business, Indian National, holding PAN Card bearing no. AAPP51893Q, holding Aadhar Card bearing no. 3921 6041 9595, resident of Flat No. 35, Fifth floor, Everest Building, Peddar Road, Opposite Jaslok Hospital, Cumballa, Hill, Mumbai, Maharashtra - 400 026; and (2) **MRS. KUNJLATA DEEPAK SHETH** alias **KUNJI DEEPAK SHETH**, daughter of Mr. Chandrakant Chabiladas Mehta, wife of Mr. Deepak Sheth, 68 years of age, married, business, Indian National, holding PAN Card bearing no. ABJP58647M, holding Aadhar Card bearing no. 4830 1703 0719, resident of 601, Plot No. 25, Jivan Jyot 11, N. S. Road, J. V. P. D. Juhu, Near Dharmendra Bungalows, Mumbai, Maharashtra - 400 049; **ALL THAT** Plot of Land denoted as Plot No. 2 and known as "URBAN CONSISTING OF DWELLING HOUSE", admeasuring 364 Sq. Mtrs., situated at Borda, Salcete, Goa, within the limits of the Margao Municipal Council, Taluka Salcete, Sub District Salcete, District South Goa, State of Goa, described in the Land Registration Office of Salcete under no. 5441 Old Series and 2722 New Series, enrolled in the Taluka Revenue Office under Matrizno. 681 and surveyed for Records of Rights under Chalka no. 158 of P.T. Sheet No. 155 of City Survey Margao; (hereinafter referred to as the "SAID PLOT" for the sake of brevity). The SAID PLOT is bounded as under:-

**North:-** By Chalka no. 14 of P.T. Sheet No. 155; **South:-** By Chalka no. 155 of P.T. Sheet No. 155; **East:-** By Chalka no. 131 of P.T. Sheet No. 155; **West:-** By Chalka no. 14 of P.T. Sheet No. 155 and by Road.

Any Person/s / Firm/s / Banks/s / Financial Institution/s having any claim against the SAID PLOT by way of Agreement for Sale / Deed of Sale / Memorandum of Understanding / Tenancy, Mundkarp, Mortgage, Gift, Lis Pendens, Inheritance, Maintenance, Trust, Attachments, Easements, Lien's, Charge, Lease or otherwise are hereby given notice to make the same known in writing with supporting document/s, to the undersigned, at the address given below, within a period of Fifteen (15) days from the date of publication hereof. Otherwise, the sale of the SAID PLOT shall be completed without reference to any such claim and the same shall not be binding on my client/s, thereafter.

Any person/entity (corporate or otherwise) having any right, title, interest, benefit, claim or demand in, or to the SAID PLOT or any part thereof by way of sale, exchange, gift, lease, tenancy, license, assignment, mortgage, charge, lien, trust, family arrangement/settlement, encumbrance, inheritance, bequest, easement, possession, maintenance, development rights, order/decree/judgment of any Court, or any other agreement, understanding or otherwise howsoever, to the SAID PLOT may lodge their claims and objections, if any to the said proposed sale to my client at the below mentioned address with true copies of all documentary proof in support of such claim/s within 15 (Fifteen) days from the date of publication of this notice failing which it shall be deemed that there are no claims or objections from anyone to the said proposed sale in favour of my client and that my client shall thereafter be free to complete the sale on the expiry of the notice period without any reference to such claim/s and objection/s from any person/s whatsoever and the same, if any, shall be considered as waived and/or abandoned.

Place: Mapusa, Goa.

Date: 12/05/2025

Sd/- Adv. Balkrishna V. Thali

E-106, First Floor, Saldanha Business Towers Near Mapusa Court Circle, Altinho, Mapusa, Goa 403057. Ph. No. 8975979347