

horoscope

ARIES: (Mar. 21–Apr. 19)

Aries, this week, embrace career growth and transformation. The week begins Sunday, with the Capricorn moon in your 10th house of career opposing Mars in Cancer in your home sector. Work-life balance may feel strained. The moon's supportive aspect to Saturn in Pisces in your house of endings supports long-term planning. Monday, the Aquarius moon in your social sector harmonizes with Venus in your sign, making it a great day for networking. The sun sits next to Mercury in your sign, heightening clarity in communication. Use this to your advantage.

TAURUS: (Apr. 20–May 20)

Taurus, this week, focus on expanding your knowledge and refining your long-term vision. The week begins Sunday, with the Capricorn moon in your expansion house opposing Mars in Cancer in your communication sector. Be mindful of how you express your opinions—conversations could get heated. Monday, the Aquarius moon in your career sector harmonizes with Venus in Aries, bringing potential recognition at work. Mercury cazimi in your house of solitude urges quiet reflection before taking action.

GEMINI: (May 21–Jun. 21)

Gemini, this week, financial planning and long-term goals take center stage. The week begins Sunday, with the Capricorn moon in your 8th house opposing Mars in your 2nd house, highlighting finances and shared resources. The moon's helpful aspect to Saturn in Pisces in your 10th house supports disciplined career decisions. Monday, the Aquarius moon in your 9th house makes a helpful aspect to Venus in Aries, inspiring expansive thinking and networking. Your planetary ruler, Mercury cazimi in Aries, in your social sector, sharpens communication within your network.

CANCER: (Jun. 22–Jul. 22)

Cancer, this week, focus on relationships and career aspirations. The week begins Sunday, with the Capricorn moon in your 7th house of partnerships opposing Mars in your 1st house. Relationship tensions may surface—handle conflicts with patience. The moon's helpful aspect to Saturn in Pisces in your 9th house encourages wisdom and maturity in your responses. Monday, the Aquarius moon in your 8th house makes a helpful aspect to Venus in Aries in your career sector, boosting professional relationships. Mercury cazimi in Aries enhances clear decision-making in your career.

LEO: (Jul. 23–Aug. 22)

Leo, this week, health, work, and relationships take priority. The week begins Sunday, with the Capricorn moon in your 6th house of health opposing Mars in your 12th house. Be mindful of stress and burnout and prioritize self-care. The moon's helpful aspect to Saturn in Pisces supports structured healing routines. Monday, the Aquarius moon in your 7th house makes a supportive aspect to Venus in Aries in your 9th house, strengthening romantic and professional relationships. Mercury cazimi in Aries enhances clarity in long-term planning.

VIRGO: (Aug. 23–Sept. 22)

Virgo, this week, creativity and self-expression shine. The week begins Sunday, with the Capricorn moon in your 5th house of romance and creativity, opposing Mars in your social sector. You'll need to balance social obligations with personal joy. The moon's supportive aspect to Saturn in Pisces in your 7th house supports and encourages stable relationships. Monday, the Aquarius moon in your 6th house of routines makes a helpful aspect to Venus in Aries, bringing harmony to daily tasks. Your planetary ruler, Mercury cazimi in Aries, supports deep introspection and long-

term financial planning.

LIBRA: (Sept. 23–Oct. 23)

Libra, this week, balance your career and relationships. The week begins Sunday, with the Capricorn moon in your 4th house of home and family, opposing Mars in your 10th house of career. Tensions between your personal life and professional goals may arise. Seek balance between work and home life. Monday, the Aquarius moon in your 5th house of creativity forms a helpful aspect to Venus in Aries in your 7th house of partnerships. Relationships flow smoothly. Mercury cazimi in Aries brings clarity surrounding relationships and communication flows smoothly.

SCORPIO: (Oct. 24–Nov. 21)

Scorpio, this week, your relationships and personal growth take center stage. The week begins Sunday, with the Capricorn moon in your 3rd house of communication, opposing Mars in your 9th house of expansion. Conflicting desires between your need for intellectual engagement and your personal beliefs may arise. Monday, the Aquarius moon in your 4th house of home and family forms a harmonious aspect to Venus in Aries in your 6th house of routine. Emotional matters at home align with your schedule and could bring harmony to family dynamics.

SAGITTARIUS: (Nov. 22–Dec. 21)

Sagittarius, this week, focus on self-expression and emotional well-being. The week begins Sunday, with the Capricorn moon in your financial sector opposing Mars in your house of shared resources. Tension may arise between personal income and financial obligations involving others. Monday, the Aquarius moon in your communication sector forms a helpful aspect to Venus in Aries in your 5th house of creativity and romance. This is a great time for self-expression, artistic projects, or heartfelt conversations with loved ones.

CAPRICORN: (Dec. 22–Jan. 19)

Capricorn, this week, focus on personal identity and financial stability. The week begins Sunday, with the moon in your sign opposing Mars in your 7th house of relationships. You may feel tension between asserting your personal needs and maintaining harmony in your partnerships. Set clear boundaries and express yourself effectively. Monday, the Aquarius moon in your financial sector forms a helpful aspect to Venus in Aries in your home sector. Discussions about money and security may bring clarity to domestic matters.

AQUARIUS: (Jan. 20–Feb. 18)

Aquarius, this week, focus on personal reinvention and financial stability. The week begins Sunday, with the Capricorn moon in your 12th house, opposing Mars in your 6th house of daily routine. Your energy may feel drained, so prioritize rest and inner work. The moon's helpful aspect to Saturn in Pisces in your 2nd house supports financial discipline. Monday, the moon moves into your sign, aligning with Venus in Aries in your 3rd house of communication. Conversations and self-expression flow smoothly. Share your thoughts boldly.

PISCES: (Feb. 19–Mar. 20)

Pisces, this week, your income and self-reflection take priority. The week begins with the Capricorn moon in your 11th house of friendships opposing Mars in your 5th house of pleasure. Social obligations may clash with your personal desires, find balance. The moon's helpful aspect to Saturn in your sign helps you set boundaries. Monday, the Aquarius moon in your 12th house makes a helpful aspect to Venus in Aries in your 2nd house, encouraging financial introspection and reassessment of what you value. Mercury cazimi in Aries provides clarity on financial decisions.

Astrology.com

Symbolism or wildlife in battle? Canadian Mervyn Sequeira captures the right shots

PICS: MERVYN SEQUEIRA

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Photographer Mervyn Sequeira, originally from Mapusa, shot to fame when his photographs of a 20-minute struggle between two birds, a Canada goose and a bald eagle was caught on camera. His photos were shared instantly on the internet and later picked up by international media when they found the symbolism between these two birds of the neighbouring countries of Canada and the United States of America as Donald Trump continues to threaten Canada.

A retired airline captain, Ontario-based Mervyn enjoys the outdoors and photography. "I get out as often as I can, usually five days a week. My grandfather and father enjoyed photography, the outdoors and wildlife, so I grew up with it," says Mervyn. His brother, environmentalist Denzil lives in Siolim and Mandrem. In Mandrem, Denzil has been working with the Oliver Ridley turtle conservation.

Sharing his experience of clicking the photos on the icy waters of Burlington Bay, Ontario, Mervyn says, "I was out on a morning hike with my wife and daughter. We were at a lake, which at this time of the year is frozen. We saw a Bald Eagle coming



down and heading for a Canada goose that was out on the ice. Eagles, like other raptors, play an important role in nature, taking out unhealthy, weak or injured animals. The eagle attacked the goose, the goose defended itself as best it could. This went on for close to twenty minutes, at the end of which, the eagle gave up and left. The goose survived the encounter. I would not know what may have happened later."

What was his initial reaction when he spotted the birds? "These two species pitched at each other that was what I had not seen before so it was a first for me," he says.

While there are many interpretations to the photos as the two nations, the economic ties,



hockey match etc, Mervyn sees them as a naturalist and wildlife photographer would, "nature in action." "I do not like to call it a 'fight', it was more like one bird trying to get itself a meal and the other defending itself.

The advantage of digital photography and shutter speeds of 25 frames a second is that one tends to come home with many shots. However, the challenge is clicking the right photos at the right time. "It is important to photograph wildlife ethically, without disturbing them or being intrusive. In this case, I was using a 500mm lens and the action was way out in the distance on thin ice, ice thick enough only to take the weight of birds," informs Mervyn, who uploads photos on his Instagram handle but was internationally recognised for these photos for the first time.

Tie Dye Workshop

Rani Sarin is a printmaker, papermaker, and textile artist whose work bridges the seen and the felt world. With a deep connection to color, light, and texture, her artistic journey is shaped by a lifelong engagement with paint, pulp, pigment, ink, and dye. Rani pursued a master's in textiles before expanding her artistic education in Sweden and Barcelona. Now based in Boston, she continues to explore the interplay of cultures, ideas, and materials in her art.

Working extensively with mixed media, Rani combines her handmade paper, prints, and dyed fabrics to create compositions that explore harmony in contrast. Her process is intuitive - beginning with a mood, a dream, or a reaction to color and unfolds as a dance between movement and magic

Venue: Carpe Diem Art Centre – Majorda
Date: March 23
Time: 3 pm – 6:30 pm



Dancers of Goan origin shine at FLAME 2025 in Wembley



After performing for the World Youth Day in Lisbon in 2023, a group of talented dancers of Goan origin had the opportunity of performing at FLAME 2025, the largest Catholic youth convention in England and Wales, as part of the internationally recognised World Youth Dance Crew.

The World Youth Dance Crew, a Catholic dance movement, captivated the audience at OVO Arena Wembley, through a dynamic fusion of contemporary, hip-hop, and liturgical dance. The event had inspirational speakers, live music, prayer and adoration.

"What made this moment even more special was the overwhelming love and appreciation showered after our performance. It was a testament to the power of dance in breaking barriers and touching lives beyond words," remarked World Youth Dance Crew founder and group leader Melrick Fernandes, who hails from Reis Magos in Goa.

Speaking about this opportunity, one of the dancers Anoushka Fernandes shared, "Dancing at Wembley was a dream come true. Professing our faith through conventional forms of art on such a

grand international platform was a blessing. The love and encouragement we received reminded us why we do what we do - to inspire, uplift, and bring people together through dance."

"Since 2019, our group has performed in several countries like United Kingdom, India, Panama, Nigeria, El Salvador, Venezuela and United Arab Emirates. The next stop is Rome for the Jubilee of Youth in July 2025," says Melrick. Originally from Parra, Jason Dias, said when he used to dance for the churches in Goa, he always felt the need to do more to serve the Lord and the group did define his purpose.

Another dancer, Stafney Fernandes from Velsao, said when she was 13 when she had come to FLAME and never imagined she would be one day on that stage professing her faith.

Earlier in January, the group also conducted a workshop with the archdiocese of Goa under the guidance of the Diocesan Youth Centre Director, Fr Blaise Lobo.

Art Exhibition

The Museum of Christian Art (MoCA), Old Goa, in collaboration with artists Rudi D'Silva and Evita Pereira e Silva, presents 'A Touch of the Divine', an exhibition merging art and spirituality, offering viewers a unique exploration of faith through charcoal drawings and intricate parchment art.

Rudi D'Silva's collection of charcoal drawings explores themes of faith and worship, capturing moments of devotion through expressive black-and-white compositions. Evita Pereira e Silva brings the delicate art of parchment craft (Pergamano) to the exhibition, showcasing intricately designed crosses and angels. Her finely detailed, lace-like creations reflect the meditative and meticulous nature of her craft, embodying a sense of the Divine.

Venue: Museum of Christian Art (MoCA), Old Goa
Date: March 23 to April 22



Herald Gaming Console

Dilbert



Garfield



Wizard of id



crossword 4800

ACROSS
1- Chicken cordon ____; 5- Flat-topped hills; 10- Pro ____ (proportionally); 14- Mown grass; 15- What you put on snooze; 16- Sometimes you feel like ____; 17- Belinda Carlisle's "Should You In?"; 18- Wild dog of Australia; 19- Sock ____ mel; 20- Of little width; 22- Radioactive, metallic element; 24- Game with Skip cards; 25- Saxophone part; 26- Highly regarded; 30- Thoughts; 35- ____ glance; 36- Car club; 37- Brainy bunch; 38- Leaping; 41- Kind of set; 43- Experiment; 44- Tussaud's title. Abbr.; 45- High school subj.; 46- Madame de ____; 47- Sink below the surface; 50- Moises of baseball; 53- Musical gift; 54- Instructor; 58- Less fatty; 62- Garfield's pal; 63- Twangy, as a voice; 66- Open infection, painful; 67- Comic Fox; 68- ____ of Two Cities; 69- Sicilian volcano; 70- Arrow poison; 71- Stitched; 72- Antelope's playmate;

DOWN
1- Russian pancake; 2- In ____ land; 3- Large pitcher; 4- False; 5- Insane female; 6- Inventor Whitney; 7- ____ Clemente; 8- Bicker; 9- Campfire treat; 10- Drops from the sky; 11- Against; 12- Ballerina's skirt; 13- Smallest component; 21- Washington's bill; 23- Stop on ____; 25- Old vitamin bottle abbr.; 26- Bridge positions; 27- Kick off; 28- Actress Shire; 29- Dine; 31- Last mo.; 32- Go into; 33- For ____ (cheap); 34- Beetle Bailey's boss; 39- ____ kwon do; 40- God of Islam; 41- Flightless bird; 42- Revolted; 44- East Lansing sch.; 48- West of Hollywood; 49- Rubbed out; 51- Horne and Olin; 52- Take to the soapbox; 54- Singer Amos; 55- First place?; 56- White House worker; 57- Relinquish; 59- Brief letter, paper money; 60- Sea eagle; 61- Posterior; 64- Spotted; 65- Stout relative;

solution 4799

S	A	L	S	A	R	A	P	T	E	A	S	E
T	L	I	U	M	O	L	E	O	S	T	A	N
P	E	N	N	I	T	O	T	E	A	T	I	E
S	E	E	D	S	S	U	R	R	O	U	N	D
A	H	A	H	O	R	R						
L	A	T	E	G	R	A	T	E	G	R	A	T
O	D	E	R	A	S	R	A	I	S	E	D	
N	O	T	W	I	T	H	S	T	A	N	D	I
E	R	R	A	T	A	T	E	R	S	D	D	E
R	E	A	C	H	A	S	T	E	M	S	S	
E	T	E	R	N	I	T						
E	V	E	N	A	R	E	E	K				
P	E	S	O	R	E	E	K					
A	R	T	S									
L	E	S	S									

sudoku 4800

			8					
		8		3			2	5
					9	6		8
		3	5	7		4		
7								1
	2		6	8	3			
8	9	3						
3	2	4		9		8		
					7			

Instructions for Sudoku
9 x 9 letter. To solve a Sudoku puzzle, every number from 1 to 9 must appear in each of the nine vertical columns, in each of the nine horizontal rows and in each of the nine boxes

solution 4799

7	5	4	1	6	2	8	3	9
9	1	2	3	7	8	4	6	5
3	8	6	4	5	9	2	1	7
8	7	9	5	2	6	1	4	3
1	6	3	7	8	4	9	5	2
2	4	5	9	1	3	7	8	6
5	3	8	2	4	7	6	9	1
6	9	7	8	3	1	5	2	4
4	2	1	6	9	5	3	7	8