

horoscope

ARIES: (Mar. 21–Apr. 19)



This week, focus on creating versus reacting. Be social and connect with friends, or make new ones. Connections you make today can be lasting. An unexpected expense may surface. There will be a warm and fuzzy vibe, so end the day on a high note. The may be communication issue with a friend, sibling, or relative. Solve it by going over the details of the matter in depth. Valentine's Day, Friday, February 14, has a practical tone this year. Let go of grandiose ideas of how this day should be. The week may be a slightly better day to celebrate love.

TAURUS: (Apr. 20–May 20)



This week, step outside of your comfort zone. Tackle a career matter that takes mental agility, and connect with someone in your professional network. If someone flies off the handle with you, keep your cool. You may feel overstretched in both your career and home life. If you need to get something off your chest, wait until you cool off. Valentine's Day opt for a double date, or activity with other people present. Handle personal business and cross off your to-do list.

GEMINI: (May 21–Jun. 21)



This week, business trumps personal. Expand your mind and start learning something to enhance your career. You may feel misunderstood, but you will smooth over any disagreements or misunderstandings. You feel jovial, competent, and optimistic. There may be irrational thoughts. The feeling will subside, so avoid making major decisions today. Valentine's Day, you may be bound by professional duties, but set aside time to celebrate love with someone or with yourself. It's a good day to try something you've never done before with friends.



CANCER: (Jun. 22–Jul. 22) This week, keep your emotions in check. Review a shared budget with your partner, apply for a loan, make a business deal, or share intimate thoughts. Disagreements about financial matters are possible but take the high road. Wednesday can stir up some tension surrounding money, intimacy or a friendship. Turn the focus back on yourself and what brings you pleasure. A simple international-themed dinner is a good way to celebrate Valentine's Day. You may have to bring some work home today and play catch up.

LEO: (Jul. 23–Aug. 22)



This week, avoid blowing situations out of proportion. Today you may need to have an important conversation. Go deep, but stick to the facts. A professional conflict may arise. Focus on the bigger picture. How you respond is in your control. This is a good day for an after-work happy hour, or fun work lunch. You may bring up resentments that involve your career and a partner. Go into temporary hibernation-mode at home to cool off. Keep Valentine's Day simple and express your deepest feelings. Tension can be smoothed out, and you're feeling more diplomatic.

VIRGO: (Aug. 23–Sept. 22)



This week, take it slow and nurture yourself. Use this energy to set your schedule for the week and tackle tasks. A situation in the workplace may be exaggerated. Tune into your intuition for answers. Work in the background on some long-term career goals. You may have a hidden adversary who isn't a team-player. Let your work speak for itself, and don't engage. On Valentine's Day, you may feel more emotional than usual. This can be a power work and finance day.



LIBRA: (Sept. 23–Oct. 23) This week, take it slow and nurture yourself. Use this energy to set your schedule for the week and tackle

tasks. A situation in the workplace may be exaggerated. Tune into your intuition for answers. Work in the background on some long-term career goals. You may have a hidden adversary who isn't a team-player. Let your work speak for itself, and don't engage. You may feel more emotional than usual. The weekend can be a power work and finance day.

SCORPIO: (Oct. 24–Nov. 21)



This week, career is a focus, but home issues dominate. Have important conversations about your home, with your family, or regarding your ancestry. Avoid confrontations with loved ones and put energy into your professional life. Wednesday can stir up some tension surrounding your career and personal life. You may feel pulled in two directions. What does your heart want? Let go of grandiose ideas of how Valentine's Day should be. Use part of the day for practical home matters, and make sure you get some rest and relaxation.



SAGITTARIUS: (Nov. 22–Dec. 21) This week you will have the gift of gab. Avoid confrontations with co-workers or subordinates. Wednesday can stir up some tension with your co-workers or siblings. Ego may be involved from both sides, so take the high-road. Professional matters may take precedence on Valentine's Day. If that's the case, plan an easy-to-execute date night at home, or a self-care night. If you are single and ready to mingle, hit the town today.



CAPRICORN: (Dec. 22–Jan. 19) This week, financial matters come to your attention. This energy is excellent for focusing on your financial goals and coming up with new money-making strategies. Avoid confrontations with a loved one. Work on being more vulnerable. Collaboration with a co-worker on a project could run smoothly. If you need to get something off your chest, just know it may change the vibe of Valentine's Day. Although it's the weekend, career duties may call.

AQUARIUS: (Jan. 20–Feb. 18)



This week, relationship matters take centre stage. Focus on your personal goals, and come up with innovative ideas. You could be thinking about how to increase your income. Avoid confrontations with family members. Work on being more diplomatic and understanding. It's a power love day for you. You may need to wait for things to cool down for a resolution. Don't spread yourself thin to make this a special day. This is a great day to visit a museum, try a new activity, or find some hidden-gems in your own neighbourhood.

PISCES: (Feb. 19–Mar. 20)



This week, find a healthy outlet for emotional release. Your dreams and visions are strong today. Tap into your inner wisdom. If you feel your feelings rising like a pressure cooker, find an avenue for release before speaking your mind. Wednesday can stir up some emotional and mental baggage you've been carrying around. It's a good day to journal, record a voice note to yourself, or talk to a therapist. If celebrating Valentine's Day seems too forced or unauthentic, you don't have to. But if you want to, focus on the little details that will make you smile. The weekend can be a powerful financial day for you.

Songitachi Sanz with Konkani pop songs at Telaulim-Navelim



The streets of Telaulim-Navelim were alive with the vibrant beats of Konkani pop music as a spectacular mega Konkani musical event, YMCT Songitachi Sanz was organised by YMCT-Entertainment-Telaulim. The event brought together a packed crowd of Konkani music lovers from across Goa and even Mumbai, who gathered to enjoy an unforgettable night of lively performances and melodies.

Headlining the event were O'luv and Sonia Sirsat, both delighted the audience with their enchanting Konkani songs. The crowd was also treated to mesmerizing performances by Ester Noronha, a leading figure in Mangalorean Konkani music.

Pio Agnelo Fernandes, Akki Brown, Lawry Travasso, Denzilla Menezes, and Ageema Fernandes, each brought their own unique flair to the show. Their songs were met with resounding applause from the enthusiastic crowd.

Norman Cardozo and his musical brigade provided exceptional live musical accompaniment, elevating the performances to new heights. The event was hosted by Avito Pires de Menezes, who kept the audience engaged with his charm and energy.

Aside from the sensational musical performances, the evening also featured an exciting dance presentation by D Dynamix.

Learn more to know your spices

Our Lady of Mt Carmel Community (OCDS) Margao hosted an engaging and enriching Masala workshop.

Fr Marlon Rodrigues, Superior of the community led the session with a prayer. OCDS member Leoniz Gomes welcomed the dignitaries and introduced the resource person, Jyoti Naik, a masala trainee expert from Oorja Training and Research Academy, along with Manisha Naik. Their expertise set the tone for an informative and interactive session focused on the rich and vibrant world of Indian spices and cuisine.

Participants were given an in-depth introduction to the art of spice blending in Indian cooking. The session included detailed hands-on demonstrations on preparing various masalas, such as those for chai, vegetables, and Tandoori dishes. Fr Lancy Mendonsa took the opportunity to provide an insightful overview of The Secular Order of Discalced Carmelites



(OCDS). Sheetal Kumar, an educator, and vice principal of Vidya Vikas Academy, partnered with OCDS, Margao for this event. The workshop concluded with a heartfelt vote of thanks delivered by Elizabeth Santos, president of the Our Lady of Mt Carmel Community (OCDS).

Ashok Chodankar wins Antonio Pereira Award 2025

Thomas Stephens Konknni Kendr, Porvorim organized its 35th annual 'Antonio Pereira Konknni Puroskar 2025' ceremony at its premises recently. Prasad Lolyekar, IAS officer, was the chief guest.

Dr Jack Sequeira Konknni Puroskar 2024 instituted by Pio Esteves in honour of his mother, Victoria Rego Esteves was presented to Marcos Cosme Andrade. Valerio Carvalho Konknni Puroskar 2024 instituted by Roque Carvalho was offered to Dr Glenis Mendonca.

Maria Afonso Konknni Puroskar 2024 instituted by Fr Ave Maria Afonso in honour of his mother was presented to Sr Amaline Fernandes. Late Fr Casimiro De Mello Konknni Puroskar 2024 instituted by Marjorie D'Sa was



offered to Fr Vital Miranda. 'Martir Floriano Vaz Puroskar 2024' (Book of the year instituted by the Centre) was presented to Fr Roman Rodrigues for his book 'Dhage'. And 'Antonio Pereira Konknni Puroskar 2025' was offered to Ashok R Chodankar for his service to Konkani in the Roman script for the past 15 and more years.

Some scholarships were also distributed to the meritorious and deserving poor students of various institutions. They include Gaverly Nativity Sequeira of Holy Cross High school Bastora (Joaquim & Cynthia Scholarship). Ujjwala Basappa Harijan and Shlok Mallappa Halage of Government High School, Alto-Betim (Helen Baptista Scholarship). Jason

Xess and Cassilda Raju of Spring Valley High School, Pilerne (Late Lourdes Baptista Scholarship). Jizal D'Silva of SFX High School, Mapusa for highest marks in Konkani (SSC) at Bardez level (Quadros Family Scholarship). Waverly Marushka Viegas for highest marks in Konkani in Porvorim area (Joao and Ilda Aguiar Scholarship). Kellyann Rodrigues for highest marks in Konkani at HSSC exam

at the Bardez level (Lourenco and Umbelina De Souza Scholarship). The annual TSKK Research Bulletin 'SOD -27' was also released. Dr Pandurang Phaladesai, the director of TSKK welcomed the gathering, while Fr Jose Silveira SJ (co-ordinator of the centre) proposed the vote of thanks. Pio Esteves and Cristina Esteves were comperes for the function.

Healing by the brush strokes



A 10-day certified course, 'Art as a Healing Tool' was organised by Caritas Goa, and guided by artist and art facilitator Lioba Knepple. The participants including special educators, counsellors and teachers among other professionals came to the workshop from far and wide. Several participants were educators working with special needs children, and begun applying the learnings from the course into their work with their students. They were introduced to new methods and styles of painting. Whether it's mixing paint, layering colours, or experimenting with different materials, a key part of the experience was self-expression.

Many found the experience to be relaxing and help release one's inner feelings. A pivotal aspect of the experience was the process of "unlearning to learn" or "learning to

unlearn." The belief in needing to be 'talented' was gradually shown the door. The vibe in the room of a shared experience, and the art workshop turned out to be a sanctuary of positivity. There was a good rapport among the participants and a friendly and jovial atmosphere prevailed. This "safe space" paved the way for candid, vulnerable, heartfelt sharing sessions at the end of each day. Homemaker and Language Specialist Aileen Carneiro, produced an artwork on a character from a movie she had watched, without the slightest clue that she had done this, and which was picked up by another participant browsing her piece. "I often didn't finish my artwork on time, but realised that even an unfinished piece has the potential to tell a story," Aileen said. The participants came to the workshop from far and wide.



Herald Gaming Console

Dilbert



Garfield



Wizard of id



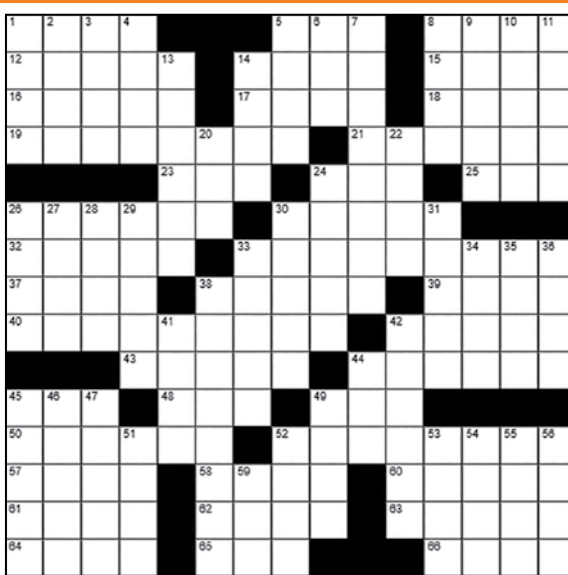
crossword 4764

ACROSS

1- Seed containers; 5- DDE opponent; 8- Canonized Fr. women; 12- "Waiting for Lefty" playwright; 14- Stinging insect; 15- River to the Ubangi; 16- Where Hercules slew the lion; 17- Facilitate; 18- Drops from the sky; 19- Adults; 21- Tips off; 23- Repair shop fig.; 24- Heavens; 25- This is what eyes do; 26- Ultimatum ender; 30- Secret agents; 32- Ignited again; 33- Illicit liquor; 37- To Live and Die; 38- Outfit anew; 39- Cabinet dept.; 40- Part of a car transmission; 42- The devil; 43- Chairs; 44- The continent; 45- Loss leader; 48- CD precursors; 49- Sleep stage; 50- Military decorations; 52- Composure; 57- Put a lid on; 58- even keel; 60- Steve of country music; 61- Film spool; 62- Six feet under; 63- Some are kosher; 64- Needle case; 65- Craving; 66- Complete collections;

DOWN

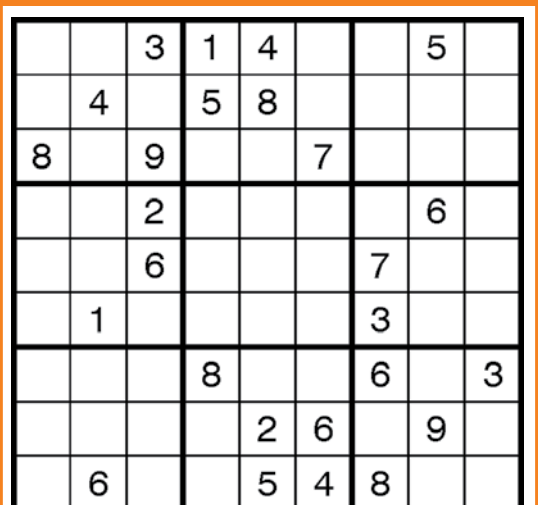
1- Early video game; 2- River to the Baltic; 3- Floor model; 4- Do a slow burn; 5- Small batteries; 6- Tricky curve; 7- Talking; 8- Chosen few; 11- Psychics claim to have a sixth one; 13- Most reasonable; 14- Cried; 20- Employ, utilise; 22- Caustic solutions; 24- Ruin; 26- Not a dup; 27- Russo of 'Tin Cup'; 28- 'First Lady of Song' Fitzgerald; 29- Perjurers; 30- Sensitive spots; 31- Clip



solution 4763



sudoku 4764



Instructions for Sudoku

9 x 9 letter: To solve a Sudoku puzzle, every number from 1 to 9 must appear in each of the nine vertical columns, in each of the nine horizontal rows and in each of the nine boxes

solution 4763

