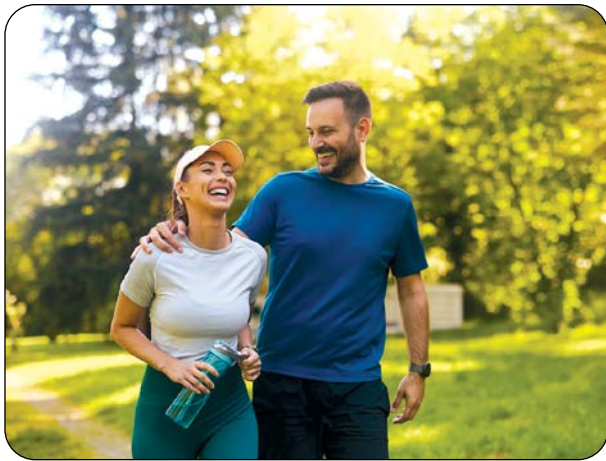




A CLOSER LOOK AT MOIRA



CRACKING THE CHOLESTEROL CODE: TIPS FOR A HEART-HEALTHY LIFE

Music and melodies at the Monte

Fundação Oriente will be organizing the 23rd edition of Monte Music Festival this year and extraordinary performances will woo the audience. As Fundação Oriente gets the stage set at Chapel of Our Lady of Mount, Old Goa, Café learns more about the celebrations for this year beyond Goa

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One of Goa's most prestigious music festivals, the Monte Music Festival, organised by Fundação Oriente is back with three days of musical extravaganza. The 23rd edition of the annual festival will be held on January 31, February 1 and 2 at the courtyard of the Chapel of Our Lady of the Mount, Old Goa. This year, the celebrations are even grander as Fundação Oriente Delegation in India celebrates three decades of its presence in the country.

This is the third edition of the festival under Dr Paulo Gomes, director of Fundação Oriente, who has been assisted by the team at Fundacao Oriente and as promised for the last edition, Monte Music Festival will not require passes for any of its concerts. However, one will require to avail the shuttle service from Gandhi Circle, Old Goa.

Recognised for its fine selection of multi-genre performances including noted Goan, Indian and international artists, this year will be a fusion with Goan and Portuguese strings and voices. "On the first day, we start with sitarist Asad Khan and Portuguese guitarist Ricardo J Martins and Goa's very own Ekchar closing the opening night. On the second day, we will start with Krishnendu Saha and his disciples. Krishnendu is an Odissi dancer followed by Sharat and his friends from Delhi. It's a world violin recital. On the third day, we'll start with Manganiar from the Thar desert region of Rajasthan. And then we will close the festival with Cuca Roseta, the Portuguese singer that will sing Fado,

some Jazz and her original songs. She sings in Hindi and Konkani too. Along with her, she will invite some Goan musicians to do a fusion in two or three songs," informs Dr Paulo.

Two important guests visiting the country and who will witness the music magic at Old Goa will be Carlos Monjardino, Chairman of the Board of Directors of Fundação Oriente and João Amorim, member of the Board of Directors.

On February 6, Fundação Oriente, in partnership with the Portuguese Embassy in India and the Indian Council for Cultural Relations (ICCR), will take the Monte Festival to New Delhi. "In Delhi, on occasion of the 30th anniversary of Fundação Oriente and the 50th anniversary of the re-establishment of the diplomatic relations between Portugal and India, we have Ricardo J Martins, a Portuguese musician with his Portuguese guitar, along with Sharat Chandra Srivastava, an accomplished Indian violinist, will perform together on the same stage. It's a Portuguese guitar and violin recital, from Portugal and from India," concludes Dr Paulo. The violin and Portuguese guitar recital will be held at the ICCR auditorium, New Delhi.



JANUARY 31 | 7 PM: EKCHAR GOAN MUSICIANS WITH INDO-PORTUGUESE MUSIC

Ekchar is the coming together of seven Goan musicians who have made a mark in the Goan music industry over the last couple of decades. They synergise their musical strengths to perform varied genres of music from over 40 countries. They perform both Portuguese (Fado, Folk and contemporary) as well as Konkani (Mando, classics and contemporary) music, thereby providing a unique Indo-Portuguese musical experience to their audiences.

FEBRUARY 2 | 7 PM CUCA ROSETA

Cuca Roseta is one of the most acclaimed and respected voices of Fado and has released seven albums. Cuca Roseta presented her mass audience worldwide with two remarkable pieces of work.

A tribute album to Amalia Rodrigues, 'Amalia por Cuca Roseta', which received

huge praise from the media. and secondly, her recent album 'Meu', a record wherein the fado singer declares herself as the author and composer of all the tracks 'Mandovi-Tejo' alludes to the important Goan and Portuguese rivers, which reflect the culture of Portugal and Goa. Fado and Goan rhythms performed by one of the most notable artists of the present day, and allowing for space to interact with some Goan musicians.



RICARDO J MARTINS

JANUARY 31 | 5.45 PM

'BETWEEN STRINGS' BY ASAD KHAN AND RICARDO J MARTINS
SITAR AND PORTUGUESE GUITAR RECITAL
Asad Khan is a Sitar player and composer, a Grammy-recognised global musician, and the sixth-generation young artist from the traditional Indian musicians lineage. He is the first Sitar player to perform at the Noble Peace Prize Concert, offering global recognition for his work on the track 'Mausam & Escape' from the Oscar winning film 'Slumdog Millionaire'.

Ricardo J Martins, one of the most brilliant Portuguese guitarists, recognises the Portuguese Guitar's enormous capacity as a solo instrument, playing both the Lisbon and the Coimbra Portuguese Guitar. In April 2018, his song 'Corre Corre Corridinho' won the Best Instrumental Music category at the IPMA (International Portuguese Music Awards). In 2021, he launched his new CD - 'Escapismo' featuring the participation of big names in Portuguese music.

FEBRUARY 1 | 5.45 PM

KRISHNENDU SAHA
PRAVAHA - A BLESSING

A beautiful Odissi recital by one of the most promising Odissi dancers of India and his disciples of Nrityormi School of Odissi.



ASAD KHAN

FEBRUARY 1 | 7 PM

WORLD VIOLIN FUSION
SHARAT AND FRIENDS

As a member of two of the biggest Indian bands, Mregya and Parikrama, Sharat Chandra Srivastava, an accomplished Indian violinist, is known for his innovative fusion music. Taking forward the legacy from teacher to disciple of his grandfather, Guru Pt Joi Srivastava of the Senia Gharana, Sharat will be performing a Hindustani Classical violin jugalbandi with his son Raghav Chandra. In this fusion set, Sharat is joined by a team of fantastic musicians: Mayank Bedekar on tabla, Amer Tirkey on guitar, Jagtinder Singh Sidhu on vocals and Sine Fakhroddin on percussions.

FEBRUARY 2 | 5.45 PM

ECHOES FROM THE DESERT BY MANGANIAR

The Manganiar are a Muslim community found in the Thar Desert region of Rajasthan who are known for various compositions describing stories focused on humans, nature and salvation, they along with the Langha community are known for their folk music.

SWIPE RIGHT

Salman Khan shoots for Sikandar at busy Mumbai location



Salman Khan is currently shooting for his upcoming highly-awaited film, 'Sikandar', in Mumbai. A video of Salman Khan shooting at a busy railway station in Mumbai has been making waves on the internet. In the viral clip that surfaced, the superstar was seen guarded by a heavy police security force as he made his way inside the railway station. The actor was shooting a scene for 'Sikandar' while a sea of fans gathered around him to catch his glimpse. In the video, he exuded charm in a black shirt over a t-shirt and blue jeans. As one can anticipate, fans went berserk as they caught a glimpse of the superstar. They were also seen shouting and screaming for his attention.

Cigarettes After Sex cancels Bengaluru show

The concert of pop band Cigarettes After Sex in Bengaluru, scheduled for Tuesday evening, was cancelled



due to 'technical difficulties'. Taking to Instagram, the American band apologised to fans for the last-minute cancellation. "We're heartbroken to announce that due to technical difficulties which were the responsibility of local production at the venue and beyond our control, we're unable to perform and unfortunately have to cancel tonight's show in Bengaluru. We're so incredibly sorry we can't see you all tonight and truly tried everything we could to make it happen. BookMyShow will reach out to you with information on refunds for the show as well. Love you so much," the post read on the official Instagram handle of Cigarettes After Sex.



Pussycat Doll's Nicole Scherzinger wows in pink satin mini dress as she performed 'As If We Never Said Goodbye,' an emotional song from the Broadway musical 'Sunset Boulevard.'

The call awaits everyone

Pio Esteves

Tiatr: 'Aiz Mhaka, Faleam Tuka'
Cast: Jess Fernandes, Ashwina Simoes, Clio Fernandes, Sheffield Dias, Swizel Fernandes, Cerina Fernandes and Anvil Fernandes
Director: Jess Fernandes
Band: Senon de Souza (first trumpet), Crusandio Cardozo (keyboard), Crusandio Pires (bass), Nolvert Cota (second trumpet) and Manuelino Fernandes (drums)
Stage/Lights: Sheffield Dias / Fr Doel Dias

Tiatr 'Aiz Mhaka, Faleam Tuka' written and directed by Jess Fernandes and presented by 'Ami Daizi, Fatorida', was staged at Ravindra Bhavan, Margao, on the concluding day of Kala Academy's 10th Tiatr 'B' Group Competition 2024-25.

The story revolves around Minguel (Jess Fernandes) and his spouse Roza



(Ashwina Simoes). They are enjoying their sunset years together and to give them company is their grandson, Clio (Clio Fernandes).

Due to old age and health issues, Minguel thinks of his only son, John (Sheffield Dias) and his daughter-in-law, Swizel (Swizel Fernandes), who are settled abroad. Before death knocks at his door, he wishes to meet his son and family at the earliest.

10TH TIATR 'B' GROUP COMPETITION
Tiatr Review
Day 6: 'Aiz Mhaka, Faleam Tuka'

Anxious wait leaves Minguel disheartened. But his spouse Roza keeps

herself occupied in the cozy company of her neighbor, Mari (Cerina Fernandes). When they meet, there are some interesting conversations between them on varied issues pertaining to family and the village.

Over a period of time, there are many things unfolding in Minguel's household. Due to ill health, he is rushed to the hospital by caretaker, Armand (Anvil Fernandes). Then Roza receives a call about his passing



away and the neighbours come together for the preparation of the funeral.

As Minguel's son, John and his wife return for the final farewell, the undertaker also steps in. But has Minguel truly passed away? What was John's intention to return? Was it grief or greed for ancestral property?

Tiatr 'Aiz Mhaka Faleam Tuka' progressed on stage at snail's pace with a

flashback. There was more involvement of children and youth in the tiatr, making the viewers to think it as children's tiatr. Even in the section of songs, more children were roped in for the renditions.

In the category of songs, there were songs revolving around various subjects, which included nature, musical instruments, traditional professions, migrants and religion. Solos by Karen D'Costa, Cerina Fernandes, Calvin Pinto were appealing to the ears. Senon de Souza (first trumpet) as the band leader and his musical team with Norman Cardozo (keyboard), Crusandio Pires (bass), Nolvert Cota (second trumpet) and Manuelino Fernandes (drums) provided live music offstage and it assisted all the singers.

The stage sets were worked upon by Sheffield Dias, while Fr Doel Dias was the light designer. The background music was handled by Analee Gonsalves and costumes and make-up were taken care of by Alriya Fernandes and Ashwina Fernandes respectively.